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No:2010-101073



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# THE ORPINGTON RACES BROOKS®



**Sunday 3rd July 2011**

## PROGRAMME

**Multi-terrain  
courses  
starting from  
Darrick Wood  
Senior School,  
Lovibonds Avenue,  
Orpington,  
BR6 8ER**

<b>Aerobic Warm-up</b>	<b>9.30 am</b>	
<b>2K Senior</b>	<b>9.40 am</b>	<b>School Years 7/8/9/10/11</b>
<b>2K Upper Junior</b>	<b>10.00 am</b>	<b>School Years 5/6</b>
<b>2K Lower Junior</b>	<b>10.20 am</b>	<b>School Years 3/4</b>
<b>Main Event - 10K</b>	<b>11.00 am</b>	<b>Age 15 &amp; over</b>
<b>2K Fun Run</b>	<b>12.30 pm</b>	<b>All ages</b>

*We regret that the course is not suitable for wheelchair competitors.*

ORGANISED BY

**DARRICK WOOD SCHOOL & ORPINGTON  
ROAD RUNNERS**

**Team Prizes ❖ Individual Prizes ❖ Medals for all participants  
Barbecue ❖ Refreshments ❖ Car parking ❖ Music ❖ Fun Stalls**



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- ❖ *The main 10K race is a testing single lap multi-terrain course through some of Kent's finest countryside. The 2K races and Fun Run are a single lap of Darrick Woods. All races start and finish on the school field.*
- ❖ *Run under UKA Rules.*
- ❖ *Proceeds of race to Darrick Wood School PSA, (Registered Charity No. 271541) and Harris HospisCare.*
- ❖ *Minimum age for the 10K race is 15 years.*
- ❖ *The Fun Run is open to all regardless of age.*
- ❖ *Race medals awarded to paying entrants. Entrants in the 10K or 2K races are welcome to take part in the Fun Run but will only receive a Fun Run Medal if fee is paid.*
- ❖ ***Providing the limit has not been reached, late entries may be accepted on the day up to 1 hour before the event. In the interests of safety the 10K event is limited to 500 entrants. Book early to avoid disappointment.***
- ❖ *Team prize to Athletic Clubs competing in the 10K. School Team prizes for 2K races. First three finishers to count. Based on nominated Club or School on entry form.*
- ❖ *Results published on [www.orprunners.com](http://www.orprunners.com) or printed copy by post if SAE left with Enquiry Desk on Race Day.*
- ❖ *Enter on-line for the **same** price at [www.realbuzzrunbritain.com/onlineentry/](http://www.realbuzzrunbritain.com/onlineentry/)*

<b>Entry Fees:</b>	<u>Postal / Online</u>	<u>Late / On day</u>
10K (affiliated runners)	£ 8.00	£10.00
(non-affiliated runners)	£10.00	£12.00
2K	£ 4.00	£ 4.00
Fun Run	£ 4.00	£ 4.00



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- ❖ Closing date for postal entries is 26th June 2011.
- ❖ Race number and final instructions will be despatched 7 days before the event.
- ❖ Entry form also available from [www.orprunners.com](http://www.orprunners.com)
- ❖ Postal entries, please complete entry form, include a C5 size stamped addressed envelope, together with a cheque or postal order made out to 'Darrick Wood School PSA' and send to:

Orpington 10K - PSA  
Darrick Wood School  
Lovibonds Avenue  
Orpington, BR6 8ER

[orpington10k@googlemail.com](mailto:orpington10k@googlemail.com)

We would like to thank the following for their generous sponsorship of this event:



**DEREK LAWS**  
Plumbing & Heating  
01689 855201



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[www.leopardprintltd.co.uk](http://www.leopardprintltd.co.uk)  
[www.printexperts.org](http://www.printexperts.org)



# ENTRY FORM

# 2011



Official Use No:

PLEASE PRINT CLEARLY USING BLOCK CAPITALS

Please tick  Appropriate box to indicate event and category entered:

- |  |   |
|--|---|
| <b>10K Race</b> <input type="checkbox"/> | <b>2K Lower Junior School Race (Years 3/4)</b> <input type="checkbox"/>   |
| <b>Fun Run</b> <input type="checkbox"/>  | <b>2K Upper Junior School Race (Years 5/6)</b> <input type="checkbox"/>   |
|  | <b>2K Senior School Race (Years 7/8/9/10/11)</b> <input type="checkbox"/> |

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Home Tel: \_\_\_\_\_ Daytime Tel: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age on 3rd July 2011: \_\_\_\_\_ Male  Female   
(Minimum age for 10k Run is 15 years) (Please tick appropriate box)

Club Name/Non-Affiliated (for 10K Race): \_\_\_\_\_

School Name (for 2K Races): \_\_\_\_\_ School Year: \_\_\_\_\_

Please state the number of times you have entered the race before: \_\_\_\_\_

*I declare that I will abide by the laws and rules of the race. I will follow all instructions given by Race Officials. I declare that I will not compete in this race unless I am in good health on the day of the race and that, in any case, I will only compete at my own risk.*

*All information on this form will be stored and may be used for administration of this event, including marketing of future races.*

*It is a condition of entry that all entrants agree that photographs of themselves taken at the event may be used for future publicity / promotional purposes in relation to the Orpington Races. Where a person is under 15 the parent or guardian signing on behalf of the child gives this agreement.*

Signed: \_\_\_\_\_ Date: \_\_\_\_\_ Enclosed Fee £: \_\_\_\_\_

(Please make cheques payable to  
Darrick Wood School PSA)

Date: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_

(Required for under 15s)